

THE VILLAGE NEWS



September / October 2018

Allambie Heights Village Ltd.

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Aged Care Employee Day

We celebrated the Industry's inaugural 'Aged Care Employee Day' on 7 August 2018, an Australian-wide initiative to mark the contribution and to reflect on our excellent staff who care for our older persons every day. Our staff came together at lunch time and in the evening of 7 August with some nice food and some of the team really got into it with our Allambie Heights Village Ltd theme of wearing bright clothes. Some of us didn't get the text message about this one but the atmosphere was great. Thank you to those relatives and Company Members who emailed their best wishes to us on the day and those chocolates were welcomed by staff!



Aged Care Employee Day 2018

10/1200 Dementia Lecture, Q&A and Video 2018

On 17 May 2018, we transformed our Allambie Heights Village Community Hall into a TV studio. My appreciation to Wolfgang Müller, SBS Producer, Film Maker and Vice-President of the Board of Directors who along with Thorsten Joses, ABC Cameraman collaborated to provide a wonderful edited video of the lecture and question and answer (Q & A) session. You can find these on our website.

Thank you also to Dr Themis Garagounis, GP and Jim Murray, Facility Manager, Allambie Heights Village Residential Aged Care Facility for their expertise. I enjoyed moderating the Q & A and the audience participation showed what an interesting and important subject this is.

Dementia is the second biggest cause of death today having been in fourth place only a few years ago behind cancer, heart attack and stroke. In 2016, it became the leading cause of death among Australian women surpassing heart disease.

10 Australians are diagnosed with dementia every hour and 1200 people develop dementia worldwide every hour or 1 person every 3 seconds.

In 2018, the financial cost of dementia worldwide is estimated to reach \$1 trillion (\$1 thousand billion). If dementia was a country, it would be the 18th largest economy in the world, such is its scale. While dementia is a great challenge to how we live, how we care and to how we plan for increasing numbers of people with dementia over the next decade and beyond and there is no cure as yet, there are preventative measures that we can all take regarding our lifestyle and wellbeing now. Tune into the video to find out more.



Dr Themis Garagounis, Dementia Lecture, Q & A 2018

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Development Application Lodged

After over a year of consultant involvement, we are excited to announce that the next stage of our Company's growth plans, the building of a retirement village on the green fields site of William Charlton Village, is actively progressing. The Development Application was lodged on 27 July 2018. Upon landowner's consent from Crown Lands, we will present to Northern Beaches Council and upon their support, Development Consent will be sought from North Sydney Planning Panel.

I will keep you abreast of developments. Note that the bureaucratic red-tape is ever present and that resilience is required in such processes, but we are used to this. The development of 24 premium apartments with wonderful amenities and views including views of the pacific ocean and Bondi Junction is certainly going to catch the attention of prospective future residents.

New Resident Information Publication

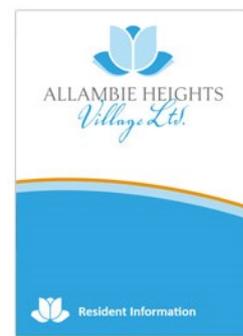
We launched our latest publication in August entitled, 'Resident Information' to share with prospective residents and their families about our Company, our services and what we offer. The publication is also online on our website.

Australia's Population Reaches 25m

Australia's population was 5 million people in 1918. On 6 August 2018, it reached 25 million. Population growth is an important and essential component of Australia's economic future. And some of our staff team are contributing to this wonderful growth! Welcome back Dipa (care staff) from maternity leave and all the very best to Clare (front of office reception and accounts) who has just commenced maternity leave.



Wishing Clare a wonderful year off on maternity leave



Landscape Architect Montage of the New Retirement Village

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Allambie Heights Village Ltd. Goes National

We were delighted to have been asked and to have been involved in consulting with the Macular Disease Federation of Australia (MDFA) in the making of their training video and training resource material.



Andrew Lehner MDFA (back left), Jim Murray, Film Crew & Actors

The video is on our website and MDFA are aiming for it to go to every residential aged care facility and its staff training resources material to potentially every staff member working with older persons across Australia. Congratulations to MDFA and well done Allambie Heights Village Ltd. demonstrating that we are a leader in our Industry.



Our focus is your vision

An Audience with the Minister for Health

An engaged audience consisting of residents, relatives, staff, corporate partners, contractors and Members joined me for 'An Audience with Brad Hazzard' NSW MP for Wakehurst, Minister for Health and Minister for Medical Research on 26 June 2018.

Tough questions regarding our Industry, hearing about the early life of the Minister and what he enjoys as well as some entertaining exchanges contributed to a great event.



Sally, Resident in question mode with Minister Hazzard



Ciarán Foley (CEO), Wendy Kramer (Board President),
The Honourable Brad Hazzard, MP (Minister for Health,
Minister for Medical Research)

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ALLAMBIE HEIGHTS
Village
Retirement Village



ALLAMBIE HEIGHTS
Village
Residential Aged Care Facility



William Charlton Village
Retirement Village

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Recreation Activities extended to 9pm

As part of our continued investment in the services that we offer to our residents of our residential aged care facility, we have increased our staffing levels and extended on the diverse program of recreational activities to 9pm, 7 days a week. As a Company, we have responsibly and consistently extended and/or adapted our services and staffing to meet the changing needs of our residents.



Beryl and Mary, Residents, our experts in craft



Ismay and Bernie 'Movin & Groovin'



Michael and Friend

Allambie Heights Village Ltd. partners with the Australian Catholic University to train Australia's future Registered Nurses



It gives me great pleasure to announce that we have signed an Agreement with the Australian Catholic University to provide training placements to Student Nurses engaged in the University's Bachelor of Nursing.

Ciarán Foley, Chief Executive Officer said, "The supportive and excellent learning environment available at Allambie Heights Village Residential Aged Care Facility will benefit the students and add value to our residents and staff.

A career caring for our older Australians has to be one of the best career options and it is great to be able to influence our Nation's future Registered Nurses on their journey which for some will start with us".

Ciarán Foley
Chief Executive Officer.

Catering Industries



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